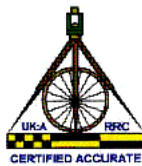




# TIMBERHONGER 10k & Children's Challenge



[www.timberhonger10k.co.uk](http://www.timberhonger10k.co.uk)

Raising money for the Friends of the Princess of Wales Hospital  
Primrose Hospice and the Basement Project

## Saturday 12<sup>th</sup> July 2014

Start: 6.00pm, Sanders Park, Kidderminster Rd, Bromsgrove

Course: Challenging out and back course on traffic free country lanes. Certificate of course accuracy held.

Race photos, free parking, changing, toilets.

Entry: £14 Standard / £12 UKA club members +£1 on the day.  
Age 15+ before 12<sup>th</sup> July 2014.

UK Athletics rules apply. Licence applied for.

Strict 500 limit. Enter early to guarantee entry.

### 10k Prizes:

£60 / £40 / £25 voucher and trophy 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> man and lady  
Trophies 1<sup>st</sup> Vet (M40, M50, M60, F35, F45, F55), first men's  
and ladies' teams (3 to count)

One prize per runner (except team). Medal to all finishers.

### Children's Challenge (1,500m approx):

Start 5.15pm. Course entirely within Sanders Park.

Under 15s only. Entry £5. Carnival Medal to all finishers.

Trophies for 1<sup>st</sup> boy and girl in 3 age groups (<8, 8-10, 11-14).

# Race Entry Form



For online entry see [www.timberhonger10k.co.uk](http://www.timberhonger10k.co.uk).

Return entries to Race Secretary, 9 Townsend Ave, Bromsgrove, B61 0DP.  
Please include Stamped Address Envelope (9" x 6" with large letter stamp).  
Cheques made payable to "Timberhonger 10k"  
Enquiries: Race Director tel: 01527 570644.

First name \_\_\_\_\_ Family name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Post code \_\_\_\_\_

Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male/Female \_\_\_\_\_ Age on day \_\_\_\_\_

UKA Affiliated Club/Unattached \_\_\_\_\_

UKA Club registration number \_\_\_\_\_

Team name \_\_\_\_\_

E-Mail \_\_\_\_\_

10k Payments: Standard Entry £14

UKA Affiliated Club Members £12

Children's Challenge: (under 15s only) £5

*I declare that I am medically fit to run and understand that I enter entirely at my own risk and that the organisers will not be responsible for any loss or injury that may occur. I am an amateur as defined by Athletics UK rules.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (All child entries) \_\_\_\_\_

Checklist: Entry Form  Cheque  SAE



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