



TIMBERHONGER 10K

and Children's Challenge

www.timberhonger10k.co.uk

Saturday 14th July

Raising money for the Primrose Hospice, Libby Mae's Little Angels, Hereford and Worcester Scouts and the Midlands Air Ambulance

Start: 6.00pm, Sanders Park, Kidderminster Rd, Bromsgrove
 Course: Challenging out and back course on traffic free country lanes. Certificate of course accuracy held.
 Chip Timing, free parking, changing, toilets.
 Entry: £18 Standard / £16 UKA club members. Age 15+ before 14th July 2018.
 UK Athletics rules apply. Licence applied for.
 Strict 650 limit. Enter early to guarantee entry.

10k Prizes:

1st , 2nd, 3rd man and lady
 1st vet (M40, M50, M60, F35, F45, F55),
 1st men's and ladies' teams (3 to count).
 One prize per runner (except team).
 £200 course record prize pot
 Medal to all finishers.



Children's Challenge

Start 5.00pm. Course within Sanders Park. 800m for under 8s, 1,500m for over 8s
 Under 15s only. Entry £6. Carnival Medal to all finishers.
 Prizes: 1st , 2nd and 3rd boy and girl in 3 age groups (<8, 8-10, 11-14).
 Race medal to all finishers



Race Entry Form



For online entry see www.timberhonger10k.co.uk

Return entries to Race Secretary, 5 Turntable Road, Bromsgrove, B60 3SQ.
 Please include Stamped Address Envelope (9" x 6" with large letter stamp).
 Cheques made payable to "Timberhonger 10k"

First name _____ Family name _____

Address _____

Post code _____

Phone _____

Date of Birth _____ Male/Female _____ Age on day _____

UKA Affiliated Club/Unattached _____

UKA Club registration number _____

Team name _____

E-Mail _____

10k Payments: Standard Entry £18

UKA Affiliated Club Members £16

Children's Challenge: (under 15s only) £6

Race T-Shirt: Size S M L XL £11

(free if raising £50 for race charity)

I declare that I am medically fit to run and understand that I enter entirely at my own risk and that the organisers will not be responsible for any loss or injury that may occur. I am an amateur as defined by Athletics UK rules.

Signed _____ Date _____

Parent/Guardian (All child entries) _____